

Muscle Relaxation - Legs

A treatment consisting of timed placement of heat and cold to relieve tight muscles.

Recommended as needed.

May be performed TWICE per week.

40-45mins

One Session

\$50

Two Sessions

\$90

Three Sessions

\$130

Muscle Relaxation - Back

A treatment consisting of timed placement of heat and cold to relieve tight muscles.

Recommended as needed.

May be performed TWICE per week.

20-25 mins

One Session

\$30

Two Sessions

\$55

Three Sessions

\$80