

NormaTec Compression Therapy

30 min Sessions

The NormaTec dynamic compression system mimics traditional massage and aids in lymphatic drainage. NormaTec utilizes sequential pulsing of compressed air that massages, mobilizes fluid, evacuates lactic acid, inflammation, fat, and other byproducts. The system uses three techniques to facilitate this process; pulsing, gradients, and distal release

- decreases muscle recovery time
- reduces soreness
- decreases muscle tension and inflammation
- increases flexibility and range of motion
- reduces swelling and water accumulation
- increases blood flow and circulation
- prevent and minimize varicose veins

May be used as needed.

One 30 min Session

\$30

Ten 30 min Sessions

\$200

NormaTec Compression Therapy

1 hour Sessions

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May be used as needed.

One 60 min Session

\$48

Ten 60 min Sessions

\$425