



LUXE bodysculpting

CRYO T-Shock

WHAT IS IT? The Cryo T Shock is the most innovative and versatile anti-aging device on the market. By utilizing state-of-the-art thermography and cryotherapy (thermal shock) to treat localized fat, to reduce cellulite, and to tone and tighten the skin, the CryoTShock reshapes the body. The first cost effective body contouring solution, Cryo T Shock won the Most Innovative Device at the Gicare 2014 International Expo in Paris.

Cryo T Shock offers CryoSlimming and CryoToning.

CryoSlimming safely and effectively uses thermal shock to naturally destroy fat cells without any damage to the skin.

The Cryo T Shock breaks down fat cells, which your body naturally flushes out through the bloodstream and then the lymphatic system in days to weeks following the treatment. It is a safe, painless and a non-surgical alternative to liposuction.

CryoToning helps reduce the appearance of cellulite, fine lines and wrinkles by stimulating collagen and elastin production while tightening muscles.

THE BENEFITS OF CRYO T SHOCK

- Body slimming and contouring
- Tightens and tones skin
- Reduces the appearance of cellulite
- Stimulates collagen and elastin
- Relaxes muscles
- Speeds up cellular activities and repair
- Reduces pain and inflammation
- Improves blood circulation

IS IT SAFE? Yes, Cryo T Shock is safe. It is a non-invasive treatment of adipose tissue to induce lipolysis (the breaking down of fat cells) - to reduce body fat without damage to other tissues. It consists of a special developed technique where warm and cold are used and applied directly to the skin.

WHAT DOES THE TREATMENT FEEL LIKE? The 20-30 minute treatments are executed manually through a slow massage over the selected area of the body.

Each session will begin with clean skin followed by a light gel application. The treatment begins with heat followed by cold. It is a non-invasive and painless treatment that feels like a light massage.

HOW DOES IT WORK?

Cryo T Shock uses the technology of Peltier cells by safely and quickly generating heat followed by transdermal cold. The 20-minute session starts with a warming phase followed by sudden cooling. Temperatures are pleasant and non-painful. Skin and fatty tissue are subjected to triple thermal shock (heat-cold-heat) which optimizes the results. The heat has an effect on triglycerides by making them unstable and therefore attacks the contents. Adipose cells or adipocytes (fat cells) are particularly sensitive to heat and cold and this very important variation in temperature allows for a more efficient and faster elimination of adipocytes by modifying their crystallization. The synergy of the thermal shock leads the destruction of fat cells. The adipocytes cannot survive and some adipocytes are even eliminated directly during the session. The rest will be eliminated gradually over a few days or weeks.

This technique leads to a reduction of fat mass in a targeted area and is not a weight loss solution. Repeated remedies will slowly take away upper layers of fat. The cells which have been destroyed are pulled into the bloodstream and are subsequently naturally disposed through the lymphatic system.

WHERE AND HOW OFTEN CAN I RECEIVE TREATMENT?

CryoSlimming is best for your stomach, love handles, under arms, bra-line, glutes, double chin and inner or outer thighs. CryoSlimming treatments can be performed once every two weeks. There is a physiological reason for the wait period.

CryoSlimming causes apoptosis and when this occurs and fat cells die, waste is formed. This will be eliminated through the blood and lymphatic system. The waste will eventually be eliminated through the kidneys and waiting two weeks for the next treatment ensures that the lymphatic system and kidneys are not overloaded. Your results may be compromised by the natural waste cycle and risk of clogging of the pathways if the treatment is done less than every 14 days. This does not represent a significant risk but could compromise the results.

CryoToning treatments can be performed once per week. CryoToning can be used for your face, arms, legs, and stomach.

WHEN WILL I SEE RESULTS AND HOW LONG WILL THEY LAST?

CryoSlimming may require 5-10 sessions over several months to see the best results. The results are permanent.

CryoToning results are more immediate and also may require multiple sessions to achieve optimal results. CryoToning typically lasts several months to several years depending on the individual and his or her lifestyle. It is advised to continue 2 to 3 sessions once every 6 months to maintain your results.

Anyone with the following conditions should not receive Cryo T-Shock treatment:

very poor circulation, severe kidney disease or dialysis, varicose veins, cancer, chemotherapy, severe Diabetes, or pregnancy.

Newly postpartum and/or breastfeeding mothers would need clearance from a medical doctor.

Botox and fillers should not be used two and four weeks respectively in advance of facial treatments

ARE THERE ANY SIDE EFFECTS?

There are generally no side effects apart from increased urination over several days following the treatment. In very few cases, there was localized redness that disappeared after a few hours and in rare cases, there was local pain that did not exceed 2 to 3 hours. There may also be some itching without consequences and often due to the reaction of certain cosmetic procedures used by clients; to avoid the chances of this do not use anything before coming in for this treatment. There was some experience of delayed onset muscle soreness from treatments on the stomach due to unintentionally engaging the abdominals, which disappeared later that same day.

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Anti-aging and Skin Rejuvenation benefits

- Appearance of wrinkles and fine lines shall be highly reduced.
- Production of collagen resulting in fuller, more youthful and beautiful rejuvenated skin.
- Puffiness around the eyes shall be significantly reduced or totally eliminated.
- Pores on the face and neck shall be reduced in size, limiting the intake of toxins, dirt and grime.
- Benefits over lymphatic system, flushing away built up toxins, soothing of inflammation and irritation, removing puffiness and redness.
- Metabolic rate increases, endorphin levels shall be stimulated.

Cryo T-Shock FAQ

What Should I Do Post-Treatment?

A vigorous Aerobic workout, lymphatic massage, use of a vibration plate on lymphatic setting, dry brushing of the skin, rebound workout on a trampoline, or compression will accelerate the benefits. Drink plenty of water.

What's The Difference Between The Cryo T Shock and Other Body Contouring Treatments?

There are other manual cryotherapy machines. But tests and experience have shown that no other machine is currently capable of such dramatic results as the Cryo T-Shock. These results are due to the fact that the device produces both heat and cold. The exchange within these temperatures has a dramatic effect on the body's tissues causing them to drop to 12°. When fat tissues reach this temperature they die and are passed through the lymphatic system.

Who Should Consider This Treatment?

Anyone who is looking to lose weight, rejuvenate facial skin, reduce cellulite, tighten saggy skin or treat stubborn areas of fat they cannot remove with proper diet and exercise.